



ASBN

# Update

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June 2015 • Volume 19 Number 3

2015  
Nursing  
*Compassion*  
AWARD



2015  
Outstanding  
NURSE  
*Educator*  
AWARD

## *Congratulations*

**2015 Nursing Compassion Award Winner**

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**Dr. Jane Evans, UALR Department of Nursing**

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# ASBN Update

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Arkansas State Board of Nursing  
University Tower Building  
1123 S. University, Suite 800  
Little Rock, Arkansas 72204  
Telephone: 501.686.2700  
Fax: 501.686.2714  
www.arsbn.org

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*The mission of the Arkansas State Board of Nursing is to protect the public and act as their advocate by effectively regulating the practice of nursing.*

**EXECUTIVE DIRECTOR** Sue A. Tedford, MNSc, RN  
**EDITOR** LouAnn Walker

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edition 74

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## Contents

Executive Director's Message • 4

President's Message • 6

Board Business • 7

Staff Directory • 8

Making a Difference for Baby and Mom • 10

Discipline 101: Say No! • 12

I am graduating! How do I get my examination application processed faster? • 14

2015 Compassion & Nurse

Educator Awards • 16

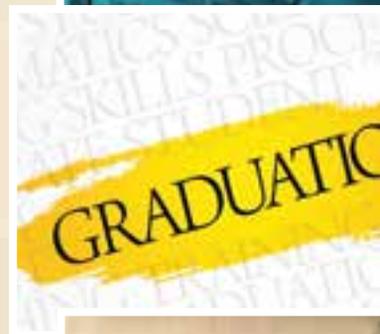
Arkansas Poison & Drug  
Information Center • 20

Refunds • 22

2015 Cruise Coverage • 24

Disciplinary Actions • 26

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# JUNE CELEBRATIONS

The first week of June was a spectacular week for many Arkansas nurses. I had the privilege of attending two celebratory events honoring nurses. The first event, on June 5, was the Arkansas Action Coalition's 40 Under 40 Recognition Ceremony. Forty leaders in nursing from across the state were honored for their contributions to the nursing profession. Each nominee for the award was judged based on four areas:

commitment to excellence, service/outreach, leadership qualities and contribution to advancement of the nursing profession. The winners were a very diverse group of nurses with a variety of licensure levels, educational degrees and practice settings. Based on the leadership qualities noted in these individuals, Arkansas nurses will soar. A picture of the 2015 40 Under 40 leaders is below.

The second event was held Saturday, June 6, at the Chenal Country Club in Little Rock. It was the annual award luncheon for the Nursing Compassion and Outstanding Educator awards. There were so many nominations for both awards, with each nominee having a great story depicting the care and compassion that nurses demonstrate every day. I wish each nominee could have won because they were all very deserving. The winners of these two awards are featured on the cover of this issue.

Congratulations to those honored at these two events as well as all other nurses. It is obvious why we are considered the most trusted profession year after year. Nurses rock!



*Sue A. Tedford*

## LEGISLATIVE UPDATE

The Arkansas 90th General Assembly concluded April 2, 2015. Laws which directly affect the practice of nursing are listed below:

Act 411 – Healthcare facilities are required to report:

- health care professionals to the appropriate licensing authority;
- any disciplinary action as a result of diversion, misuse, or abuse of illicit drugs or controlled substances
- Voluntary resignation of individuals facing disciplinary action as a result of diversion, misuse, or abuse of illicit drugs

or controlled substances

- non health care professionals to the appropriate law enforcement agency any final disciplinary action taken as a result of diversion of a controlled substance to one or more third parties
- Act 529 – Allows APRNs with prescriptive authority to prescribe hydrocodone combination products (Schedule II) if expressly authorized by the collaborative practice agreement
- Act 824 – Allows an APRN to enter into a collaborative practice agreement with a practicing physician who has similar

training in scope, specialty or expertise

Act 833 – Allows public school personnel to be trained in the administration of insulin

Act 887 – Encourages the use of telemedicine in order to improve access to health care

Act 936 – Ensures school nurses have access to appropriate facilities and equipment

Act 997 – Changes the composition of the Board of Nursing:

- Increases the number of APRNs from one to two
- Decreases the number of RNs from six to five

- Adds an “at large” position that can be filled by an RN, LPN or LPTN
- Requires one of the APRNs or RNs to be an educator

Act 1047 – Removes misdemeanor convictions for Offenses against the Family, Theft of Property and Theft by Receiving as a bar to licensure as a nurse

Act 1156 – Section 14 of this Act includes clarifying language for various definitions found in the Nurse Practice Act, §17-87-102.

Act 1192 – Requires students entering into a medical profession educational program to undergo a criminal background check during application process

Act 1208 – Makes changes in the administration of the Prescription Drug Monitoring Program

- Allows the Arkansas Department of Health to review prescriber and dispenser information to determine if there appears to be misuse or abuse of controlled substances and, if identified, notify the appropriate licensing board
- Allows prescribers and dispensers to delegate the task of obtaining prescription monitoring reports
- Permits an alert to be sent to a practitioner if his or her patient is being prescribed opioids by more than three physicians within a 30-day period
- Allows licensing agencies to require prescribers to run a PMP prior to prescribing opioids
- Creates opioid prescribing guidelines for emergency departments
- Requires prescriber education, patient evaluation and prescriber requirements for treating patients with chronic Nonmalignant pain

To review the Acts in their entirety, go to <http://www.arkleg.state.ar.us>. Rules must be written and approved by our legislators before several of the Acts become effective. We will provide additional information as these laws go into effect.



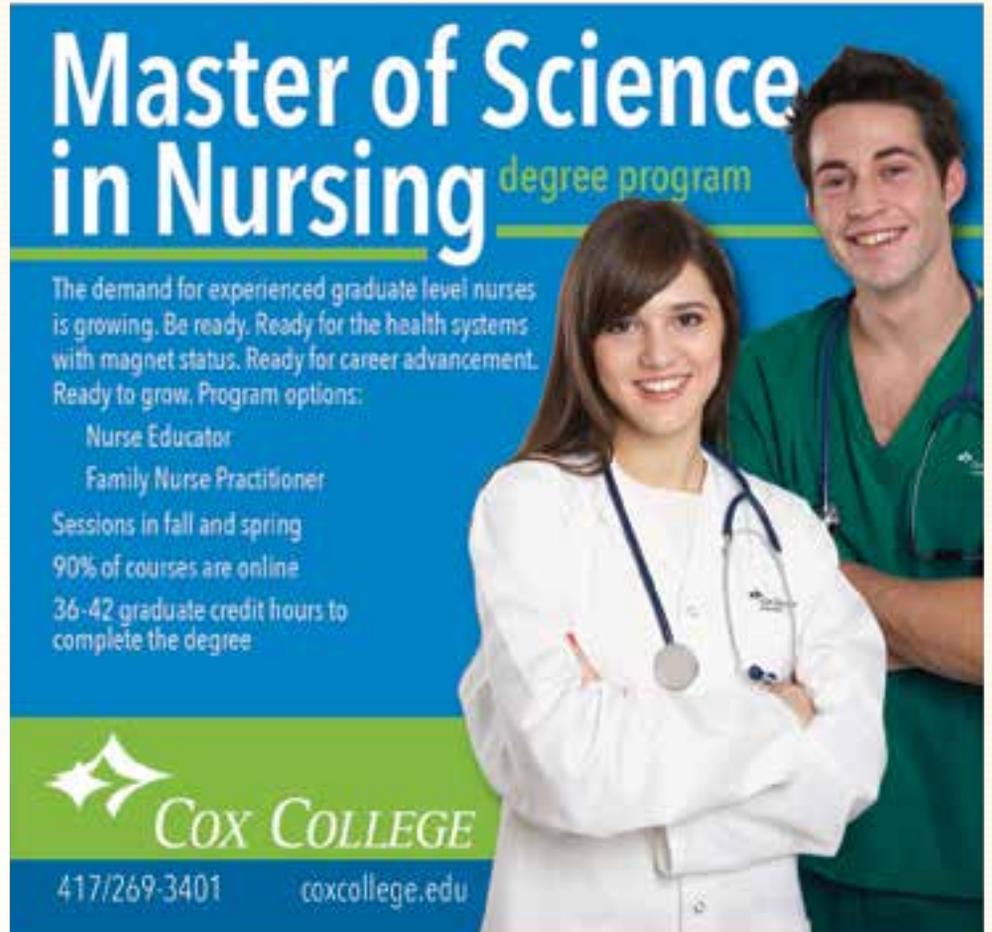
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# TIDBITS



It's hard to believe it's been two months since my last column! I hope you are doing well. I want

to take this opportunity to update you on a few things.

In March, eight ASBN Board members and staff represented Arkansas at the National Council of State Boards of Nursing (NCSBN) midyear meeting in Louisville, KY. The main topics of discussion were the new Nurse Licensure Compact (NLC) and APRN License Compact (APRNLC). There were strong opinions for and against the new compacts.

In case you are wondering why we need a new compact, the purpose is to make it more inviting for other states to join. There are only 25 states that have been willing and/or able to join the current compact. Being part of a compact facilitates telemedicine practice, travel nursing and response to national emergencies.

I also attended the meeting for presidents of state boards and the meeting for presidents and their executive officers. It is always interesting to learn what the states have in common and to discover the unique problems.

It was also fun to catch up with friends from other boards. During dinner with these friends, I learned that the Washington, D.C. State Board of Nursing will begin telecasting their hearings soon. In May, Sue Tedford, ASBN Executive Director, and I traveled to Chicago for a Special Delegate Assembly in order to vote on the NLC



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and the APRNLC. The votes passed by a large majority. It will be interesting to follow this, as legislation in each state will be required for states to adopt and

implement the compacts.

The Arkansas legislative session ended in April, so I want to call your attention to Act 411, Mandatory Reporting of Substance Abuse. This law requires the CEO, an official agent, or a designee of facilities who employ health care workers to report the following to the ASBN:

1. A final disciplinary action taken against a health care professional as a result of the diversion, misuse, or abuse of illicit or controlled substances as defined by state and federal law or
2. The voluntary resignation of any health care professional against whom a disciplinary action arising from the diversion, misuse, or abuse of illicit or controlled substances as defined by state and federal law if a disciplinary action is pending.

There are more details included in the Act. If you are an employer, you should read it in its entirety.

I enjoy the travel required by my position. However, I am always glad to return home. I am thankful for my small community, and I can't resist including some pictures.

I urge you to use vacation time to get away and take a break. Your facility will survive, and you can be a better nurse if you take care of yourself.

Though so much of our work at the ASBN involves dealing with discipline, I know that most nurses work hard and do amazing jobs. I am so proud of you and encourage you to continue to uphold the high standards you have been taught. Thank you for the work you do to take care of the residents of our state.

President Shela Upshaw presided over the hearings held on April 1-2 and the business meeting held on May 7. Highlights of Board actions are as follows:

- Granted Continued Full Approval to the University of Arkansas at Little Rock Associate of Science in Nursing Degree Programs until the year 2020
- Granted Initial Approval to the University of Arkansas Community College at Morrilton for a satellite practical nurse program in Clinton, Arkansas, to begin admission in January 2016
- Deferred decision for approval for a Baccalaureate of Science in Nursing Degree Program at the University of Arkansas at Pine Bluff until all requirements are met
- Approved the curriculum revision for the following practical nurse programs
  - o College of the Ouachitas
  - o Southern Arkansas University Technical
  - o University of Arkansas Community College at Batesville
  - o Arkansas State University Newport
  - o National Park Community College – effective July 15
- Approved the increase of licensure fee as listed below to be effective July 1, 2016: APRN Renewal - \$50; RN Renewal - \$85; LPN Renewal - \$75; Endorsement APRN, RN, LPN - \$125; APRN Initial Licensure - \$125; RN & LPN Initial Licensure - \$100; Duplicate License - \$30; Prescriptive Authority - \$160; Temporary Permit - \$30; Retired License - \$15

## Board Business

### 2015 BOARD DATES

July 8	Hearings
July 9	Hearings
August 19-21	NCSBN Annual Meeting, Chicago, IL
September 9	Hearings
September 10	Business Meeting
October 14	Hearings
October 15	Hearings
November 18	Hearings
November 19	Hearings

As of June 1, 2015, the Arkansas State Board of of Nursing does not accept e-checks. We continue to accept Visa, MasterCard, Discover and prepaid debit cards.

## CONGRATULATIONS

to the nurses in our long term care facilities on their nominations for the PCI/ASBN

2015 Nursing Compassion Award!

**Barbara Belew**  
**Mary Leslie**  
**Heather Eoff**  
**April Loudermilk**  
**Dana Sieber**

*Crestpark*  
*The Manor Assisted Living*  
*Johnson County Health and Rehab*  
*Bailey Creek Health and Rehab*  
*The Manor Assisted Living*

and  
**FINALIST**

**Krissy Ramirez** *The Manor Assisted Living*

Established in 1951, Arkansas Health Care Association (AHCA) is the state's largest organization of long term care providers, representing 93% of the licensed long term care facilities in Arkansas. Its responsibilities are to educate, inform and represent members and member facilities before government agencies, other trade associations and related industries.



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## ARKANSAS STATE BOARD OF NURSING

1123 South University Ave.  
Suite 800  
Little Rock, AR 72204  
Office Hours: Mon - Fri  
8:00-12:00; 1:00-4:30  
Phone: 501.686.2700  
Fax: 501.686.2714  
www.arsbn.org

*All staff members may be reached via e-mail by using first initial and last name@arsbn.org*

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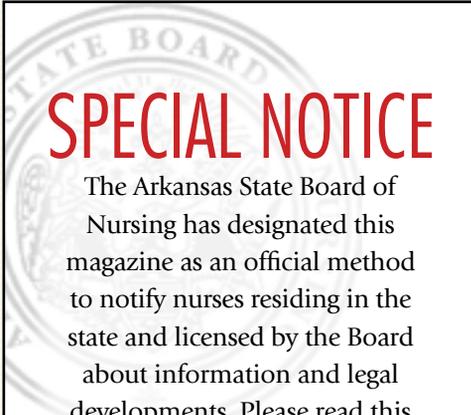
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## SPECIAL NOTICE

The Arkansas State Board of Nursing has designated this magazine as an official method to notify nurses residing in the state and licensed by the Board about information and legal developments. Please read this magazine and keep it for future reference as this magazine may be used in hearings as proof of notification of the ASBN *Update's* contents. Please contact LouAnn Walker at the Board office (501.686.2701) if you have questions about any of the articles in this magazine.

## ASBN NOTICE OF INSUFFICIENT FUNDS

The following names appear on the ASBN records for checks returned to the ASBN due to insufficient funds. If practicing in Arkansas, they may be in violation of the Nurse Practice Act and could be subject to disciplinary action by the Board. Please contact Gail Bengal at 501.686.2716 if any are employed in your facility.

Rosa Marie Bradley	LO16658
Jessica Gonzalez	Exam Application
Amber Sanders	R073529
Nathan Shaheed	T001220
Angela Shupert	L037543
June Elizabeth Sivils	L030290
Della Williams	L028175



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## MAKING A DIFFERENCE FOR BABY AND MOM

Breastfeeding is the healthiest and most economical way to nourish a newborn. It's best for both mom and baby, yet too few women in Arkansas choose to breastfeed. The decision to breastfeed is often made early in pregnancy and in many cases prior to conception.

Nurses are on the front-line in making breastfeeding a priority. Every mother deserves education and support to help her make informed decisions about breastfeeding. Breastfeeding education begins in the practice setting. Successful efforts to improve rates and duration require a comprehensive, multilayered approach that involves obstetrical office staff, practitioners, hospital administration and staff, patients, family members and the wider community. Commitments of time, resources, training, policy and procedures are essential.

### NEED FOR IMPROVEMENT

In 2011, the Arkansas Foundation for Medical Care (AFMC), in partnership with

the Arkansas Medicaid program, began a statewide initiative to improve breastfeeding rates and duration. Efforts toward improvement are also occurring within the Arkansas Department of Health (ADH) Breastfeeding Taskforce and the Arkansas Breastfeeding Coalition. Progress has been made but much more work needs to be done.

Clinics can encourage breastfeeding by implementing guidelines outlined by the Academy of Breastfeeding Medicine (ABM)<sup>1</sup> into practice workflows:

- Create a breastfeeding friendly office
- Integrate breastfeeding promotion, education and support throughout prenatal care
- Include a detailed breastfeeding history in prenatal history
- Consider the culture of women, families and communities
- Incorporate breastfeeding as an important component of initial prenatal breast exam
- Discuss breastfeeding at each prenatal visit
- Empower women and their families to have the birth experience most conducive to breastfeeding

Hospitals that are improving their breastfeeding rate share many of these features:

- Comprehensive written

breastfeeding policy based on model policies from the ABM

- Free childbirth, breastfeeding and newborn classes
- Contact with lactation consultants during hospital pre-registration/tours
- Immediate skin-to-skin contact for healthy newborns for at least one hour after birth
- Mothers and family view "The Magical Hour" (a video illustrating nine stages a baby goes through when held skin-to-skin during the first hour after birth) as part of breastfeeding education
- Complete rooming-in for healthy newborns
- Daily rounds by a lactation consultant with nurse-to-nurse communication
- No routine supplementation
- No pacifiers
- No formula bags at discharge
- Comprehensive, continuing and required staff education about breastfeeding, including annual testing and skill competencies
- Post-discharge breastfeeding support that includes phone calls, follow-up visit and referral to community breastfeeding support
- Hospital-based breastfeeding support groups

## COMMUNITY RESOURCES

Early in pregnancy, it is important to promote the Women, Infants and Children (WIC) program's many benefits: healthy foods for pregnant women, nutrition education and referrals to other services.

A new statewide Arkansas Breastfeeding Help Line was made available March 1 for pregnant women, breastfeeding moms and health care providers. Available free, 24 hours, seven days a week, the number is 501-202-7378 or toll free at 844-344-0408. Sponsored by Baptist Health and the ADH, registered nurse lactation consultants staff the line. They provide support and accurate information about common breastfeeding concerns: is baby getting enough milk, managing breast or nipple pain, using a breast pump, or are medications safe to take while breastfeeding.

## WORK AND COMMUNITY FRIENDLY

Arkansas law (Act 621) requires employers to provide unpaid break time to express breast milk. Employers must make reasonable efforts to provide a private, secure and sanitary room, close to the work area where an employee can express breast milk. Women who breastfeed their child in a public place are protected from interference by Act 680.

In addition to workplace rights, many retail and commercial establishments provide comfortable places for their patrons to breastfeed.

For more information, tools or pamphlets for moms, visit these sites: <http://www.afmc.org/BreastfeedingTools> <http://www.healthy.arkansas.gov/programsServices/WIC/Pages/default.aspx>

<sup>1</sup> Clinical Protocol Number #19: Breastfeeding Promotion in the Prenatal Setting, Breastfeeding Medicine Volume 4, Number 1, 2009

*Ms. Hedrick and Ms. Murtha are quality specialists with the Arkansas Foundation for Medical Care.*

## ARKANSAS BREASTFEEDING SYMPOSIUM

The third Annual Arkansas Breastfeeding Symposium will be held from 8 a.m. to 4 p.m. on Fri. July 17 in the I. Dodd Wilson Education Building at the University of Arkansas for Medical Sciences, Little Rock. Guest speakers will include Kathleen Kendall-Tackett PhD, IBCLC, FAPA; Dr. Zachary Stowe and Dr. Alan Mease.

For more information and to register go to the Arkansas Breastfeeding Coalition's website <http://arbf.org>



## Congratulations

**SPIRIT OF ACH**  
Miriam Moix, BSN, RN

**APRN OF THE YEAR**  
Angela Rowe,  
MSN, APRN, PCNS-BC

**LPN OF THE YEAR**  
Tim Matzen, LPN

**EXCELLENCE IN RESEARCH**  
Diana Wallace, BSN, RN

**EDUCATOR OF THE YEAR**  
Janie Kane, MS, APRN, PCNS-BC

**CLINICAL RN OF THE YEAR**  
Diane Bussard, BSN, RN  
Kristan Cooper, BSN, RN, CPN  
Linda Koger, RN  
Tiffany Robinson, RN, CPEN  
Sarah Valdez, BSN, RN

**LEADER OF THE YEAR**  
Tammy Diamond-Wells,  
BNS, RN, NE-BC

**DAISY TEAMWORK AWARD**  
Burn Center Team

**FRIEND OF NURSING**  
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# DISCIPLINE 101: SAY NO!

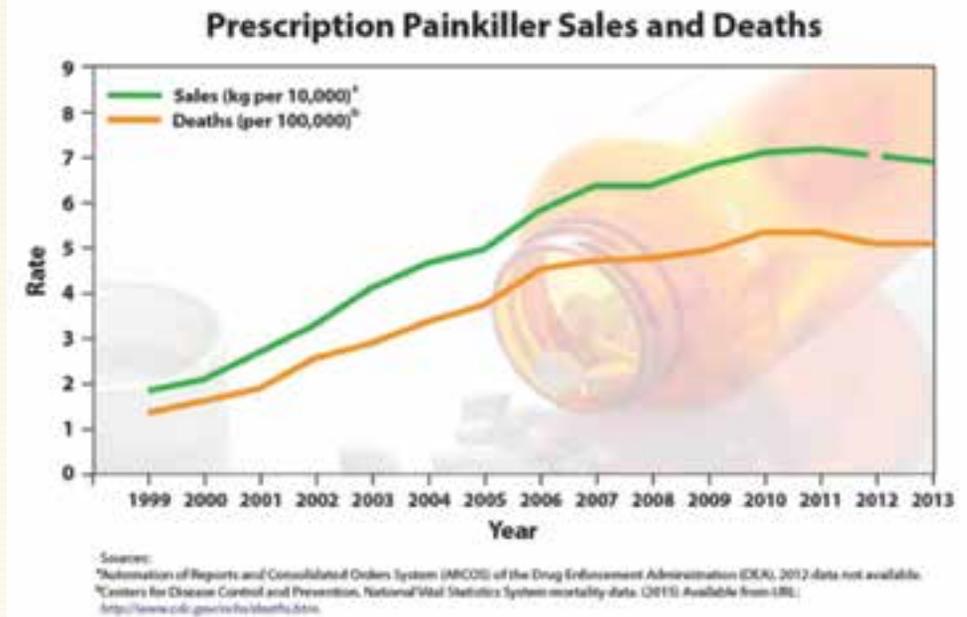
*The heavy pollen this spring has taken its toll. If you were fortunate, you only needed antihistamine. Those of us who did not fare as well went scuttling to our health care providers and walk-in clinics for antibiotics, inhalers and cough suppressants. Spring also has us out perfecting lawns, doing outside house repairs, and, not to forget, the joy of a pressure washer! Then, Monday or Tuesday, we limp to the clinics for pain relievers and muscle relaxers. For some, a day or two of prescription pain medication will ease us back into shape for the coming weekend. The unused pills get stashed in the medicine cabinet.*

The reality is that we could have had relief with rest, ice, heat and an anti-inflammatory. Once we pay our clinic fee or insurance co-pay we want to leave with a prescription. We paid for it. We took time off work to be seen. We waited in the waiting room reading expired magazines with the good recipes torn out.

But here is a reality check. Did you know someone can become addicted to opiates or benzodiazepine after just one prescription? Nurses describe how a back sprain sent them to employee health or their own provider and just that one prescription made life better. Not only did it help the back pain but their entire outlook on life was brighter! Suddenly, they can deal with the everyday stresses of work and family. The abuse begins. More pills, multiple providers, and it's all legal. Right? How many nurses know that 44 people in the United States die from overdose of prescription painkillers every day? Ah, you argue – it is a prescription; it is legal.

There has not been an overall change in the amount of pain we as a society report according to the Centers for Disease Control. However, since 1999, the amount of prescription painkillers prescribed and sold in the U.S. has nearly quadrupled. Overprescribing leads to more abuse and more overdose deaths.

I lost a very good friend to an accidental overdose. He was working with his doctors as they kept adjusting his medications and one morning he did not wake up. What a loss to those of us who knew and loved him. As nurses, we diagnose ourselves and then treat ourselves out of our medicine cabinet. We do this because we're educated and know how to treat a back sprain, a headache, or a persistent cough. We often treat family and friends with our medicine cabinet stash. Headache? Here is a Percocet. Stressed from that fight with



<http://www.cdc.gov/drugoverdose/index.html>, last accessed May 25, 2015.  
**Tennant, Forest, MD, DrPH, Editor in Chief, The WHO Pain Treatment 3-Step Ladder, Practical Pain Management, 2015; 15(3):12-14.**

your spouse? Here is some Xanax you can have. Didn't sleep well before that nightshift? Adderall will get you through it. What we do not recognize is the risk of abuse that some nurses blindly walk into until the abuse is more powerful than the human spirit.

Prescription pain medication and benzodiazepines cause addiction, just as heroin, methamphetamine, and other street drugs. A legal prescription does not protect one from addiction. Opioid guidelines are not treatment standards. There is a gold standard for pain management: The World Health Organization's (WHO) 3-Step Ladder. Under the treatment ladder, opioids are not the primary treatment for pain. The first tier of the ladder promotes nonopioids and added adjuvant therapy if needed. Remember, that's the anti-inflammatory, rest, heat, ice mentioned above.

As pain increases, the second tier of the

ladder recommends adding a weak opioid to nonopioids and added adjuvant therapy. As the intensity of pain increases, the third tier recommends adding a strong opioid to nonopioids and added adjuvant therapy. Opioids are not restricted under this approach but are not first-line treatment.

Can a nurse be disciplined for working under the influence of legal prescriptions? The answer to this question is maybe. The disciplinary action the nurse may encounter is not because the nurse was hurt and took some Oxycontin. It is because the nurse was hurt, took some Oxycontin AND went to work. Worse, the nurse was hurt, found some Oxycontin in the home medicine cabinet stash and then went to work. The nurse has now diagnosed and treated him or herself. Generally, the nurse is not aware that there is a degree of impairment while taking pain medication. The effect of the medication may

be more potent if the nurse is naïve to pain medications. While the nurse is unaware of the debilitating effect, co-workers are not. They report the nurse as incoherent, distracted in report, having difficulty getting through the shift, and poor charting, if any. The patient and family members also note the nurse is not clear in providing instructions or efficient in patient care. The impaired nurse does not recognize the change in his or her professional standard of care delivery.

What is the answer? Nurses have well-honed critical thinking skills. If your provider offers you an opioid for pain, ask about alternative treatment options. Stop stashing pain medications in the home. Destroy the unused medications. If you are injured again, remember that pain is a symptom of something else. Go see your provider for an evaluation. If you must take an opioid for pain management, take off work. Pilots cannot fly on pain medications. Should you be at work trying to determine if the provider really meant to order what you are reading? The risk to public safety is too high. Patients are depending on the nurse to take care of them. The best way to protect the public is to protect you.

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# GRADUATION

**Karen McCumpsey, MNSc, RN, CNE**, *ASBN Assistant Director*



## I AM GRADUATING! HOW DO I GET MY EXAMINATION APPLICATION PROCESSED FASTER?

It is approaching the time of year when graduate candidates submit licensure examination applications to the Arkansas State Board of Nursing. The Arkansas State Board of Nursing strives to approve qualified applicants in a timely manner. Here are a few tips that will facilitate getting an application processed.

- Submit registration to Pearson Vue before submitting the Arkansas State Board of Nursing licensure examination. An applicant MUST be registered with Pearson Vue before the state application can be processed, a temporary permit issued, and an applicant deemed eligible to test and receive the Authorization to Test (ATT). Additionally, it is important for an applicant to include a valid U.S. social security number when registering with Pearson Vue. The National Council Licensure Examination (NCLEX®) candidate bulletin is accessible within the online application process by clicking on the respective link. It may also be accessed at [www.pearsonvue.com/nclex](http://www.pearsonvue.com/nclex).
- Submit the Arkansas State Board of Nursing licensure examination application early. An applicant can submit an application up to two months prior to completion of the nursing education program; verification of completion of the program cannot occur before a student has completed the program. In the event that a student fails to graduate; fees are nonrefundable. Please note that students/graduates who wait to submit an application until on or after program completion will be delayed by having to wait on the conduction of the criminal background check. The Federal Bureau of Investigations (FBI) conducts the federal background check. It typically takes three to four weeks during low volume times and five to six weeks or longer in high volume times. The Arkansas State Board of Nursing licensure examination is accessed at [www.arsbn.org](http://www.arsbn.org).
- Accurately complete all areas of the online Arkansas State Board of Nursing licensure examination application. An applicant should enter the correct address, social security number, date of birth, etc. An incorrect application will not match the Pearson Vue application and cannot be processed until correct information is received. If an applicant enters an incorrect nursing education program of study on the application, the automatic notification of application submission is sent to the incorrect nursing education program director. Subsequently, the correct nursing education program director will not receive an email to verify program completion. If an applicant enters an incorrect email address on the application, the applicant will not receive two automatic email

notifications. Subsequently, an applicant will not receive a number that is required to place on the fingerprint card and a Criminal Background Check will not be conducted. So, review the application thoroughly before submitting.

- Legibly complete the fingerprint card and accurately follow instructions. An applicant should print the Arkansas and FBI Criminal Background Checks Instructions. A link to the instructions is located within the online application system and in the automatic email notification that an applicant receives after submitted an application. The card must be filled in completely (refer to instructions) and mailed to the Arkansas State Police.
- An applicant that has responded “yes” to any of the screening questions on the licensure examination should send documentation to Arkansas State Board of Nursing when an application has been submitted. Depending on which question an applicant responds “yes” to he/she is required to submit specific documentation regarding each offense(s). Refer to the Criminal Background Check Information that is located on our website at [www.arsbn.org](http://www.arsbn.org) for a detailed list of required documentation and Frequently Asked Questions. Do not delay in submitting documentation.
- Frequently check the status of your application online at [www.arsbn.org](http://www.arsbn.org). The status will remain “pending” until receipt of required materials. Once the licensing staff is working on a respective applicant’s application, additional information will be posted as the status changes. Keep these tips in mind while completing a licensure examination application and they will assist the licensing staff as an application is processed.

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**Compassion finalists:**

**Tonya Ballentine RN**

UAMS

**Shelby Barker, RN**

Saline Memorial Hospital

**Patricia Barnett RN**

**Bill Calvert, RN**

Arkansas Home Hospice Center

**Harley Carter RN**

Arkansas State Hospital

**Cindy Forestier RN**

Jefferson Regional

Medical Center

**Trish Nicholas RN**

CHI St. Vincent Hot Springs

**Krissie Ramirez LTP**

The Manor Assisted Living

**Karen Richardson APN,**

Baptist Health Family

Clinic Warren

**Tyler Sandlin, RN**

Arkansas Children's Hospital

**Teresa Wiggins, RN**

Helena Regional Medical Center

**Educator finalists:**

**Dr. Jane Evans**

UALR School of Nursing

**Janice Inloes**

University of Ar. Community College Batesville

**Mrs. Talayia Johnson**

UALR School of Nursing

**Rebecca J. Schneringer**

NW Ar. Community College Bentonville

2015 Nursing Compassion AWARD NOMINEES

Amber Smith  
Deborah Miles  
Emily Burney  
Gina Cliburn  
Harley Carter  
Jennifer Petersen  
Karen Reynolds  
Kelli Strack  
Linda Easter

Marian Willis  
Melody Katherine Rogers  
Patrina Bookout  
Staff of 3NW Wing  
Nancy Kemp  
Tonya Balentine  
Amanda Lent  
Lacey King

Clystia Ramirez  
Samuel Zane Redmond  
Mary Leslie  
Kathleen Bell  
Lisa D. Williams  
Tim Lovelace  
Karen Sickels  
Shelly Palmer  
Aaron Wood

Tyler Sandlin  
Vivian Kemp  
Patricia Barnett  
Darrell Dodd  
DeAnn Martin  
Maria Crites  
Keashia Plummer  
Heather Eoff,  
Cindy Forestiere

Shana Luckadue  
Jannas Ashlee Johnson  
Tara Peterson  
RN Team 25  
Karen Richardson  
Brenda May  
Teresa Wiggins  
Shelby Barker  
Trish Nicholas

Bill Calvert  
Barbara Belew  
Trina Hacker  
Nancy Clawitter  
Jonathan Michael Nelson  
April Loudermilk  
Dana Roxanne Sieber

2015 Outstanding Educator NURSE AWARD NOMINEES

Janice Bingham  
Melinda Sanders  
Pamela Shurett

Tony Spears  
Jessica Wynne Woodard  
Rebecca Parnell

Letetia Jenkins  
Lori Reynolds  
Debbie Day

Rebecca J. Schneringer  
Jane Evans  
Talayia Johnson

Janice Inloes  
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# 2015 Nursing Compassion AWARD

# 2015 Outstanding NURSE Educator AWARD

## 9th Annual Compassionate Nurse and Nurse Educator Awards Banquet

Nurses and Nurse Educators from around the state gathered with their families, employers, co-workers and friends for the 9th annual Awards Banquet Saturday, June 6th at the beautiful Chenal Country Club in Little Rock.

This annual event, created and presented by Publishing Concepts, Inc, celebrates the outstanding efforts our Arkansas Nurses and Nurse Educators put forth everyday-both on the job and off. Nominations for our Nurse and Nurse Educator heroes were submitted by patients, co-workers and employers statewide.

The Banquet was hosted by Mistress of Ceremonies, Donna Terrell, local Fox News anchorperson. Awards were presented by Al and Virginia Robertson founders of Publishing Concepts, Inc.

This year's Compassionate Nurse Award Winner was Karen Richardson APRN. Dr. Jane Evans was chosen Nurse Educator of the year.

# 2015 Nursing Compassion AWARD

This year's Compassionate Nurse Award Winner is Karen Richardson, a nurse since May of 1981. She received 19 nominations and the following are excerpts from some of them sharing the wonderful spirit this Compassionate Nurse embodies in her daily life.

"She has, for thirty four years, given her time, her talent, her energy, and her caring to numerous patients in Warren, Bradley County and surrounding areas. She has sacrificed at times, her family, her health, in order to provide her patients the care that they needed. She continues to make house calls, and is always checking up on patients after hours." Dr. Kerry F. Pennington, M.D.

"Karen always goes that extra step, above and beyond what is expected, to meet the needs of her patients." Rev. Gary F. Harrison



"Nurse Richardson has provided excellent healthcare for me, my children and grandchildren for many years. I have witnessed her untiring efforts on behalf of patients who

were desperately in need of care, but without resources. She always finds a way to provide medication for them." Maribeth M. Frazer

Karen has been described as a one woman army. "I have watched her take calls at every hour of the day and night. When she went back to school, as an RN, to become an APN several years ago, I saw a spark in her that I will forever admire." Scott Allison R. Johnson

"Not only is she an excellent nurse practitioner, she is very passionate about the community in which she lives. She served countless hours at the local DWR YMCA of Warren and Bradley County. Here are just a few of the tasks she has undertaken; weeding the flower beds, personally paying for patient's memberships, as well as serving on the Board of Directors. She is dedicated to making sure the citizens of Warren and Bradley County have access to a wonderful facility that will keep families healthy for generations." Patricia Wilkinson AVP, Branch Manager

These are just a few quotes from her 19 nominations. Congratulations Karen Richardson, APN/CS!

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**NURSE**  
*Educator*  
 AWARD

2015 Arkansas Nurse Educator Award Winner Jane D. Evans, PhD, RN, MHSA, CNE, is an Assistant Professor and the RN-BSN Program Coordinator at the University of Arkansas at Little Rock Department of Nursing (UALR DON).

Charles P. Molsbee, EdD, MSN, RN, CNE, Interim Chair of the UALR Department of Nursing nominated Dr. Evans. Dr. Molsbee wrote, "She is an outstanding educator who will always go the extra mile to help a student develop as a professional nurse. She is focused on development of the student



and consistently seeks out ways to improve the level of education provided. While she is an outstanding educator, she is an extremely caring person and always sees the best in the students she teaches. Each student is treated as an individual and she always makes time for a student who needs her.

Dr. Evans is a leader. She leads the RN-BSN program daily and seeks out quality im-

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provement initiatives for the program. Quality Matters certification has been obtained by several of the courses in the program and this is in part because of Dr. Evans leadership ability. She stays current on trends in nursing and healthcare in order to provide the students with the highest level of education.”

For three decades Dr. Evans has worked with organizations including the Hospice and Palliative Care Association of Arkansas, the Arkansas Cancer Coalition, and the Arkansas Nursing Research Alliance to help with fundraising, strategic planning, grant acquisition and professional education. She supports Women’s Own Worth (WOW), a non-profit organization established to offer individualized services for the victims of domestic violence, and will be helping them with their 2015 fundraising event.



Dr. Evans supports the Arkansas Public Policy Panel and the UALR Diversity Council. These relationships will be a part of the base of her collaborative program of research into minority student success in nursing school.

For nearly nine years she has served on the UALR Institutional Review Board. This is especially important to her as an educator because of the opportunity to review hundreds of research protocols and studies from students and faculty scholars. She feels privileged to guide and mentor aspiring scientists and scholars, and to learn from and be inspired by them. Congratulations Dr. Evans!



# ARKANSAS POISON & DRUG INFORMATION CENTER

Charlie Stutts, Education Coordinator, Arkansas Poison & Drug Information Center

The Arkansas Poison and Drug Information Center (APDIC) located at the UAMS College of Pharmacy has been in operation for 40 years. The 1-800-222-1222 poison hotline is a confidential and free resource available to health care professionals and residents of Arkansas.

The APDIC is staffed by specialists in poison information (SPI) who are registered nurses or pharmacists. Each SPI has additional training in toxicology, as well as having passed his or her respective board examinations. The APDIC has six RNs and six pharmacists on staff. One board certified medical toxicologist and two clinical toxicologists are available for medical consultation 24 hours a day. One health educator, Charlie Stutts, provides lecture presentations to the general public and actively promotes the APDIC on social media and through participation in conferences and community health fair events. Charlie is available for contact by email at [CHStutts@uams.edu](mailto:CHStutts@uams.edu) should you have any need for free promotional poison prevention materials including stickers, magnets, brochures or posters.

The APDIC and the 55 poison centers nationwide were created for the benefit and welfare of children. Approximately two-thirds of the calls involve children six years old or younger. A majority of cases can be safely managed on site without being referred to an emergency room. When a caller phones the APDIC, the SPI creates a medical record establishing the following: age and health of patient, any current symptoms, the poisoning product and ingredients, how much was taken and the time the poisoning happened. With

an accurate history and depending on the answers to the above questions the decision will be made whether to keep the patient at home, school or work, or if the patient has intentionally tried to hurt themselves, is medically unstable, thought to have accidental yet serious exposure the patient will be referred to the emergency room.

Since 2000, the APDIC has been staffed 24 hours a day. Staff members assist patients with a variety of poison exposure situations or drug information questions. The Staff provide treatment recommendations for the following, but not limited to:

- Ingestions
- Skin, ear and eye exposures
- Inhalations
- Bites and stings
- Adverse reactions to food or drugs
- Exposures from K2, bath salts and other emergent drugs of abuse

Beginning in the spring, snakes, spiders, wasps and other venomous creature exposures dramatically increase. With snake bites in particular, the APDIC will provide treatment advice and occasionally help track down antivenom. The APDIC serves as a liability shield for all nurses in the event a patient being cared for has overdosed intentionally or unintentionally on a medication or any poisoning sub-

stance. Additionally, the APDIC is available to assist with food borne outbreaks and tracking of these cases also. Another benefit of contacting the APDIC is their participation in active surveillance of all poison exposures. In March 2015, the health educator for the APDIC conducted a caller satisfaction survey of families who had recently called the APDIC for poison center services. According to the data collected from the survey of families who were managed at home, more than 67 percent of the callers would have gone to the emergency room or their physician's office if the APDIC had not been available to them. It was determined that 60 percent of the callers received Medicaid, AR Kids First subsidized by the state or had no insurance at all.

The APDIC respects and appreciates all of the hard work nurses do to insure the safety of their patients. Call the APDIC staff early and often as the SPI's are a valuable resource to help you achieve the best clinical outcomes for your patients.





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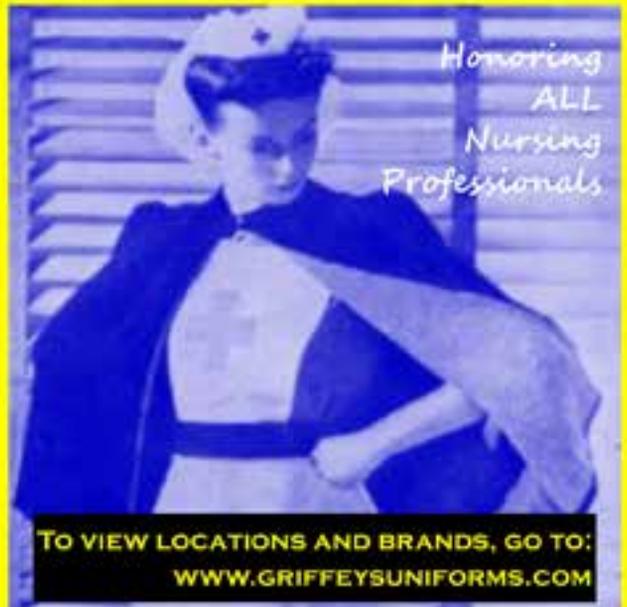
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# REFUNDS

*The Arkansas State Board of Nursing (ASBN) receives requests from people who want a refund because they have overpaid the agency. The policy of the ASBN regarding refunds has not changed. We do not refund overpayments.*

Being a governmental agency, the ASBN is restricted in the types and amounts of payments we can make to vendors and individuals. Refunds are not exempt from such restrictions. Therefore, the best way to ensure you are not making an unintended contribution to the Board is to make sure you avoid overpaying.

There have been many reasons throughout the years for overpayments. Listed below are a few:

- Their license expiration date was close, and they wanted to get their license "in time," so they mailed their renewal and then also renewed online.
- They applied for a license by endorsement or examination when they already had an Arkansas license.
- They could not remember if they had renewed, so they paid again to make sure it was done.
- They had already gone through the application process online, but wanted to make sure it worked, so they did it again.

Although there are countless reasons, the result is still the same. We do not give refunds. The following are suggestions of ways to avoid overpayment:

- When paying by check or money order, make sure it is payable in the correct amount.
- If you mail your renewal form and payment, do not duplicate by also renewing online.
- If you are not sure if you have already paid, check your records before repeating the process.
- If you worked on your application online and are unable to verify the application was completed, contact us before repeating the process.
- Do not wait until the last minute to make your payment – renew early.
- The easiest way to avoid overpaying is to read the instructions. Although this sounds elementary, when there are a lot of instructions you may be tempted to skim over them. However, we advise you to read the instructions before completing the application process. This is where you find out those important things - like you need to complete a renewal (not an endorsement) form.

I realize I am stating the obvious, but I hope it will help you to only pay the fees necessary.

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**Cruise Instructors (L to R): Tammy Claussen, MSN, RN, CNE, ASBN Program Coordinator; Jill Hasley, MNSc, RN, ASBN Program Coordinator; Pam Autrey, Ph.D., MBA, MSN, RN, Chief Nursing Officer, University of Alabama Birmingham Medical West**

The Continuing Education (CE) Cruise set sail on Sunday, April 12, for a week of fun while earning nursing continuing education

hours. The Arkansas State Board of Nursing (ASBN) and Publishing Concepts Incorporated (PCI) came together to offer the 9th Continuing Education Cruise to nurses all over the United States for all licensure levels. The speakers for this year's cruise included two ASBN staff members, Tammy Claussen and Jill Hasley, and Dr. Pam Autrey from Alabama.

Most nurses brought friends/family with them, which put the total CE cruise attendees to 105. There were 54 who attended the CE presentations including:

- 3 from Montana
- 4 from Nebraska
- 3 from New Mexico
- 1 from Ohio
- 1 from Oregon
- 1 from South Dakota
- 4 from West Virginia

Nurses are encouraged to look for upcoming CE cruise information in future editions of ASBN Update.

- 13 from Arkansas
- 1 from Alabama
- 4 from Arizona
- 3 from California
- 4 from Washington
- 2 from Washington, D.C.
- 3 from Georgia
- 3 from Kentucky
- 1 from Maryland
- 3 from Mississippi



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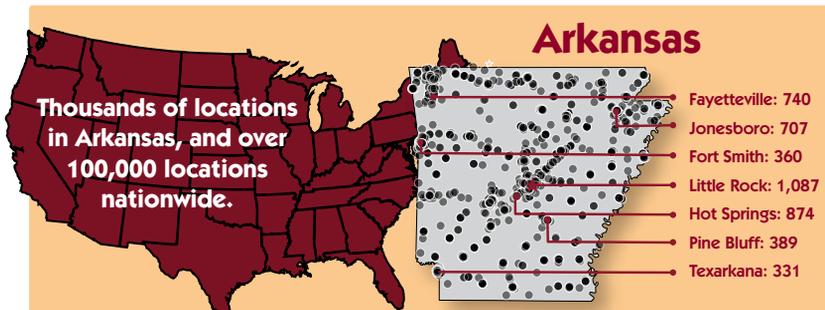


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## Nursing Opportunities

Fort Smith & Van Buren, Arkansas

### Initiatives:

Tuition Reimbursement, Clinical Ladder, Mentor Model

### Upcoming Events:

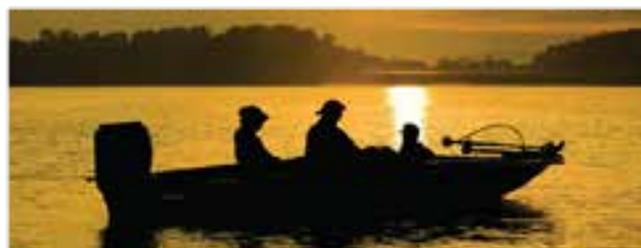
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Carolann Love at 479-441-5457



The full statutory citations for disciplinary actions can be found at [www.arsbn.org](http://www.arsbn.org) under *Nurse Practice Act*, Sub Chapter 3, §17-87-309. Frequent violations are A.C.A. §17-87-309 (a)(1) "Is guilty of fraud or deceit in procuring or attempting to procure a license to practice nursing or engaged in the practice of nursing without a valid license;" (a)(2) "Is guilty of a crime or gross immorality;" (a)(4) "Is habitually intemperate or is addicted to the use of habit-forming drugs;" (a)(6) "Is guilty of unprofessional conduct;" and (a)(9) "Has willfully or repeatedly violated any of the provisions of this chapter." Other orders by

the Board include civil penalties (CP), specific education courses (ED), and research papers (RP). Probation periods vary and may include an employee monitored nurse contract and/or drug monitoring and treatment programs.

Each individual nurse is responsible for reporting any actual or suspected violations of the *Nurse Practice Act*. To submit a report use the online complaint form at [www.arsbn.org](http://www.arsbn.org), or to receive additional information, contact the Nursing Practice Section at 501.686.2700 or Arkansas State Board of Nursing, 1123 South University, Suite 800, Little Rock, Arkansas 72204.

Name	License #	City	Action	Violation	Effective Date
Allen	Bridget Lee	L052675	Pine Bluff	Letter of Reprimand with Stipulations	(a)(6) March 26, 2015
Bailey	John Robert Dean	R078022, L036294	Delight	Letter of Reprimand with Stipulations	(a)(2) March 26, 2015
Bankston	Jackie Deshun Mays	R082160, L041025	Pine Bluff	Probation Status Removed	March 25, 2015
Barnes	Juanita	LTP007780	Fort Smith	Cease and Desist	(a)(1) February 23, 2015
Bartlett	Christine Lynne	L056273	Austin	Letter of Reprimand	(a)(1), (a)(2) February 17, 2015
Baxter	Aaron Arthur	R092943	Conway	Probation Status Removed	February 25, 2015
Bell	Zanneckia Shunnessa L	L050587	Lockesburg	Probation - 2 years	(a)(6)
Bollinger	Samuel Keith	R082005, L042365	Jonesboro	Letter of Reprimand with Stipulations	(a)(6) March 10, 2015
Bowen	Joshua Wayne	RN Applicant	Greenwood	Probation - 1 year	(a)(2)
Bryant	Norma Jean	L056378	Sherwood	Letter of Reprimand	(a)(1), (a)(2) March 25, 2015
Burns	Janice Lea	L047031	Montrose	Letter of Reprimand with Stipulations	(a)(6) March 27, 2015
Caringola	Vicki Carol Murphy	R019148	Little Rock	Letter of Reprimand with Stipulations	(a)(1), (a)(6), (c)(2), Rules February 17, 2015
Castle	Jennifer Lee Crowell Ketchum	L036341	Yellville	Letter of Reprimand with Stipulations	(a)(1), (a)(2), (a)(6) February 17, 2015
Clayborn	Alesha Diane	R089257	Mt. Jude	Probation - 2 years	(a)(6)
Coble	Carol Ann Carney Buchman	L030588	Morrilton	Voluntary Surrender	March 23, 2015
Cole	Aaron Everett	R066281, L032199	Warm Springs	Voluntary Surrender	March 9, 2015
Collier	Caliese Nachole	L047464	Russellville	Letter of Reprimand with Stipulations	(a)(6) March 26, 2015
Collins	Tonika Ludell Pridgeon	R067099, L033858	White Hall	Letter of Reprimand	(a)(1), (a)(7) March 12, 2015
Cook	Bobbie Jo Schaechtel	L039755	Conway	Suspension - 2 years Probation - 3 years	(a)(4), (a)(6) April 1, 2015
Denstedt	Sheryl Lynn Roland	L050938	Mountain Home	Suspension - 1 year Probation - 3 years	(a)(1), (a)(4), (a)(6) April 1, 2015
Drummond	Patrick Shawn	R064882 S002215	Jonesboro	Probation - 3 years	April 2, 2015
England	Anna Beth White	R071359	Marion	Voluntary Surrender	February 25, 2015
Escalante	Christina Kay	R084285	Greenwood	Letter of Reprimand with Stipulations	(a)(6) March 26, 2015
Estep	Linda Carol Baum	R065813	Maumelle	Probation - 1 year	Terms of Probation
Evans	Jessica Alexander Rye	R090811	Danville	Probation - 15 months	Terms of Probation
Figone	Jennifer Marie	R094098	Gravette	Voluntary Surrender	March 26, 2015
Forkum	Russell Paul	LPN Applicant	Jonesboro	Probation - 1 year	(a)(2)
Fox	Victoria L.	R097344	Bentonville	Letter of Reprimand	(a)(1), (a)(2) February 17, 2015

Name	License #	City	Action	Violation	Effective Date	
<b>Gamblin</b>	Michelle	OK-L-0051029	Fort Smith	Cease and Desist	(a)(1)	February 23, 2015
<b>Garland</b>	Shanika Rena	TX-PN221769	Texarkana, TX	Letter of Reprimand with Stipulations	(a)(6)	March 12, 2015
<b>Grant</b>	Randi Jeanine Trivitt	R072563	Fayetteville	Probation - 2 years	Terms of Probation	
<b>Green</b>	Rebecca Lynn	L051852	Bryant	Probation Status Removed		February 27, 2015
<b>Hamilton</b>	Christina Gaye Cockrill	R072698	El Paso	Probation - 3 years	(a)(4), (a)(6)	
<b>Harris</b>	Debra Kathryn	L046470	Little Rock	Voluntary Surrender		March 19, 2015
<b>Harris</b>	Tansha A Williams Thurman	R085626, L043998	Luxora	Letter of Reprimand with Stipulations	(a)(2)	March 27, 2015
<b>Harrow</b>	Laura Jean Wilde	L051542	Russellville	Suspension	(a)(6), (a)(7)	April 2, 2015
<b>Hunter</b>	Richard Lee	L051153	Prescott	Probation Status Removed		March 25, 2015
<b>Kelly</b>	Linda Faye Ray	A003073, R065929	Memphis, TN	Reinstatement to Probation	Terms of Probation	February 25, 2015
<b>Kidd</b>	Julie A	R050405, A004334	Springdale	Probation - 1 year		April 2, 2015
<b>Lamar</b>	Claudette Wicks	T001473	Forrest City	Voluntary Surrender		February 17, 2015
<b>Lawrence</b>	Lindsey Kay	R084585, L046773	Fayetteville	Probation - 1 1/2 years	(a)(6)	
<b>Lawrence</b>	Marsha Gail Netherland	R077735	El Dorado	Probation Status Removed		March 4, 2015
<b>Lovvorn</b>	Patricia Joyce Angell	R019123	Fort Smith	Letter of Reprimand with Stipulations	(a)(6)	March 26, 2015
<b>Massanelli</b>	Tonya Leigh	R085175	Redfield	Suspension - 3 years Probation - 2 years	(a)(1), (a)(4), (a)(6)	April 1, 2015
<b>McCoy</b>	Beverly Ann	L056427	Morrilton	Letter of Reprimand	(a)(1), (a)(2)	March 25, 2015
<b>McKeiver</b>	Misti Dawn Tolliver	L037630	Bentonville	Probation - 1 year	(a)(6)	
<b>McKnight</b>	Latosha Denise	R092116	Hot Springs	Suspension - 2 years Probation - 2 years	Terms of Probation	April 1, 2015
<b>McMurry</b>	Ashley Rebecca	L045260	Fouke	Voluntary Surrender		March 23, 2015
<b>Milam</b>	Richard Lewis	R079724	Little Rock	Probation Status Removed		February 27, 2015
<b>Miller</b>	Trista Kaye Howland	L046976	Chidester	Probation - 5 years	(a)(4), (a)(6)	
<b>Monroe</b>	Jamie Sue Day	R064526	Goshen	Letter of Reprimand	(a)(1), (a)(2), (a)(7)	March 10, 2015
<b>Northfell</b>	Niki Lynn	R081273	Fayetteville	Letter of Reprimand with Stipulations	(a)(6)	March 27, 2015
<b>Pankey</b>	Sara Evelyn	R082648, L046850	Little Rock	Probation - 3 years	(a)(2), (a)(4), (a)(6)	
<b>Parker</b>	Shanell	L054026	Little Rock	Voluntary Surrender		April 2, 2015
<b>Peckham</b>	Dena Rachel	R088332	East Greenbush, NY	Letter of Reprimand with Stipulations	17-87-309(a)(1), (a)(6), 17-87-207(c)(2), Rules	February 17, 2015
<b>Perry</b>	Julian Elise Gorman Hyde	L024051	El Dorado	Letter of Reprimand with Stipulations	(a)(6)	February 17, 2015
<b>Purcell</b>	Amy Marie	R074093	Winslow	Letter of Reprimand with Stipulations	(a)(6)	March 26, 2015

continued on page 28

continued from page 27

Name		License #	City	Action	Violation	Effective Date
<b>Quiroz</b>	Carlos Eduardo	PN Applicant	Conway	Probation - 1 year	(a)(2)	
<b>Riley</b>	Katrina	R097448	Tampa, FL	Letter of Reprimand	(a)(1), (a)(2)	February 17, 2015
<b>Saala</b>	Christopher Steven	R090486, L042816	Pocahontas	Probation - 1 year	(a)(2), (a)(6)	
<b>Sailer</b>	Nikki Lee	L054915	Rogers	Letter of Reprimand with Stipulations	(a)(6)	March 10, 2015
<b>Samuel</b>	Denise Raylene Henthorn Horton	R032964	Amity	Probation Status Removed		February 25, 2015
<b>Savage</b>	Richard Scott	L054644	Ozark	Probation Status Removed		March 25, 2015
<b>Shuler</b>	Allen C	R056567	Little Rock	Letter of Reprimand	17-87-309(a)(1), (a)(6), 17-87-207(c)(2), Rules	March 25, 2015
<b>Siebenmorgen</b>	Lynda Louise Thompson	L022023	Scranton	Voluntary Surrender		March 12, 2015
<b>Smith</b>	Ashley	L053510	Cave City	Voluntary Surrender		February 18, 2015
<b>Smith</b>	Kimberly Antranette	R051119	Osceola	Suspension - 3 years Probation - 3 years	Terms of Probation	April 2, 2015
<b>Smith</b>	Robert Lee	L050718	Maumelle	Voluntary Surrender		April 2, 2015
<b>South</b>	Rachel Elizabeth Wallace Davis	L043020	Bald Knob	Voluntary Surrender		March 12, 2015
<b>Strickland</b>	Ashley Nicole Brantley	L048127	Hampton	Suspension - 2 years Probation - 2 years	(a)(4), (a)(6)	April 1, 2015
<b>Strickler</b>	Amber Nichole	R079008, A004267	Maumelle	Probation - 1 year		April 2, 2015
<b>Stutts</b>	Susi Lynn McCoy	R044722	Wynne	Suspension - 3 years Probation - 2 years	(a)(4), (a)(6)	April 2, 2015
<b>Taylor</b>	Nicholas Ray	R077194	Tulsa, OK	Letter of Reprimand with Stipulations	(a)(2)	March 26, 2015
<b>Telles</b>	Amy Dalynn Daniel	R092942	Texarkana	Voluntary Surrender		February 25, 2015
<b>Toland</b>	Jennifer Ann	L051247	Chidester	Letter of Reprimand	(a)(6)	February 26, 2015
<b>Turley</b>	Malisa Anne Smith	R070759, L039907	Searcy	Probation - 3 years	(a)(4), (a)(6)	
<b>Valley</b>	Aaron Joseph	R088252, L045615	North Little Rock	Probation - 3 years	Terms of Probation	
<b>Weatherford</b>	Bennie Lee	L030357	Jonesboro	Letter of Reprimand with Stipulations	(a)(6)	March 26, 2015
<b>Yielding</b>	Sephanie Annabelle Shaw	L046961	Searcy	Suspension - 3 years Probation - 2 years	Terms of Probation	April 2, 2015

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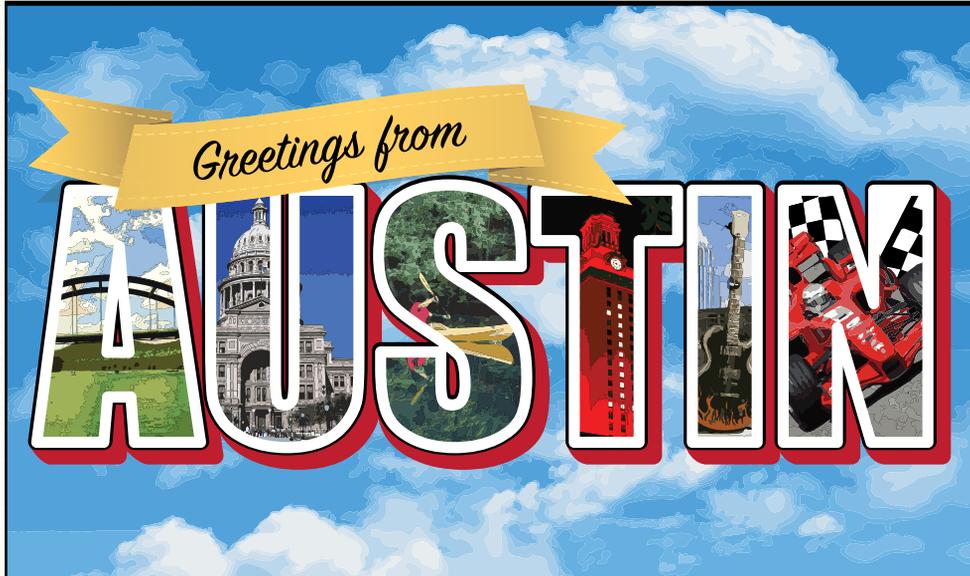
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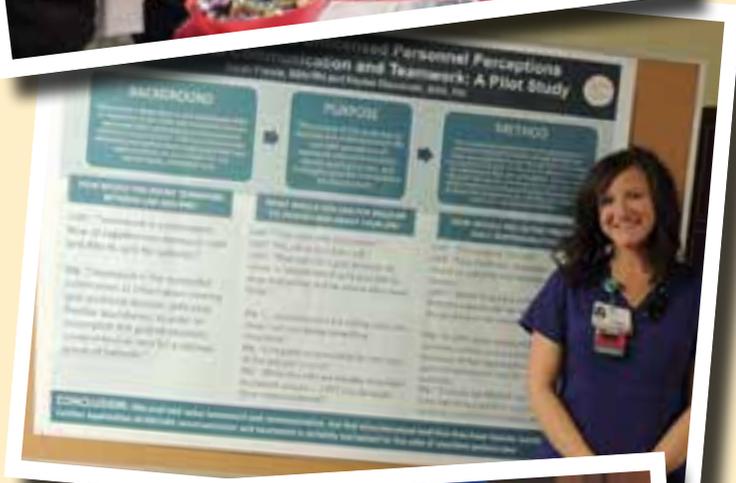


**During annual Nurses Week in May, the UAMS Center for Nursing Excellence sponsored our 7th Annual Professional Practice Fair.**

More than 350 staff came through to see the great work of UAMS nurses who led and participated in research, evidence-based practice and quality improvement projects, as well as those representing the shared decision-making councils of the Professional Nursing Organization.

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